

Hello Everyone,

2015

Nursery Places for Autumn

If your child is 3 between September and December 2015, please put their name on the nursery waiting list to start in January 2016.



Parent Led Activities



Do you have an interest or skill that you think can enrich our Stay & Play session? Why not offer to run a session? Speak to Shirlana

Fundraising—if you have an idea for raising money to support activities or days out, we'd like to hear about it!



We always welcome your **feedback**. Please free to leave comments or ideas in the suggestion box in reception or the

FREE HEALTHY START VITAMINS

If you are pregnant or have children under 5 years old, you can collect vitamin drops and tablets for you and your child from Welbourne Children's Centre.

You may also be eligible to receive free milk, fruit & vegetables.

Please see staff in Reception Office.



Baby & Toddler Weighing Group
with Advice on Mondays:
19th Oct, 16th Nov, 21st Dec
18th Jan, 15th Feb
from 2pm to 3.30pm



Citizen Advice Bureau (CAB)

is here every **Tuesday** from
2pm to 4.30pm.

Free Advice on :

Debt Advice & Benefits

- Tax Credits & Disability Benefits
- General benefit entitlement
- Employment and Housing



Breastfeeding Support Group

Mondays 2pm—4pm

Advice and support on Breastfeeding

Parents Forum

Your Voice Counts!

Please come along to our **Parents Forum** on **Tuesday 20th October** at **10am to 11.30am**

We will be meeting at our centre for this informal meeting.

This is an opportunity for parents & carers to find out what is happening; raise questions and help to plan new services for the future. Everyone is welcome! Speak to Marijo



Supamums @ Welbourne CC

On Fridays 9.00—12.00

On Fridays 12.00—14.30

Employment & Training

CV's
Personal Statements
Job Application Forms
Job Searches
Training Courses
Interview Preparation
Voluntary Placements
Childcare Information

Housing & Benefits

Rent Arrears
Repairs
Homelessness
Overcrowding
Tax Credits
Income Support
Job Seekers Allowance
Employment Support Allowance
Advocacy Support

Supamums

www.supamums.co.uk
t: 020 3837 1444
E: info@supamums.co.uk

Supamums

Free Early Learning for two year-old in Haringey.

Some two year olds are able to have a free early learning place in a nursery, children's centre, playgroup or childminder for up to 15 hours a week. Early learning is good for children's social, physical and mental development and also helps them to prepare for school—giving your child the best start in life.

How do I Know if my child can have a free place? Are you eligible for 15 hours free child care?

Here is the criteria:

- Working Tax Credit – but with an income below *£16,190 - joint income if you co-habit
- Income Support • Income Based Jobseekers Allowance Employment and Support Allowance (IR)
 - Assisted as an Asylum Seeker under part VI of the Immigration Act 1999
- Child Tax Credit only, and have an annual income of less than £16,190 (this figure is updated each year from 6th April) - joint income if you co-habit
 - The guaranteed element of State Pension Credit.
- You may also be eligible if: If the child receives Disability Living Allowance (DLA) or if they have a current statement of Special Educational Need (SEN) or an Education, Health and Care Plan (EHCP).
 - If the child is 'looked after' by the Council.

