








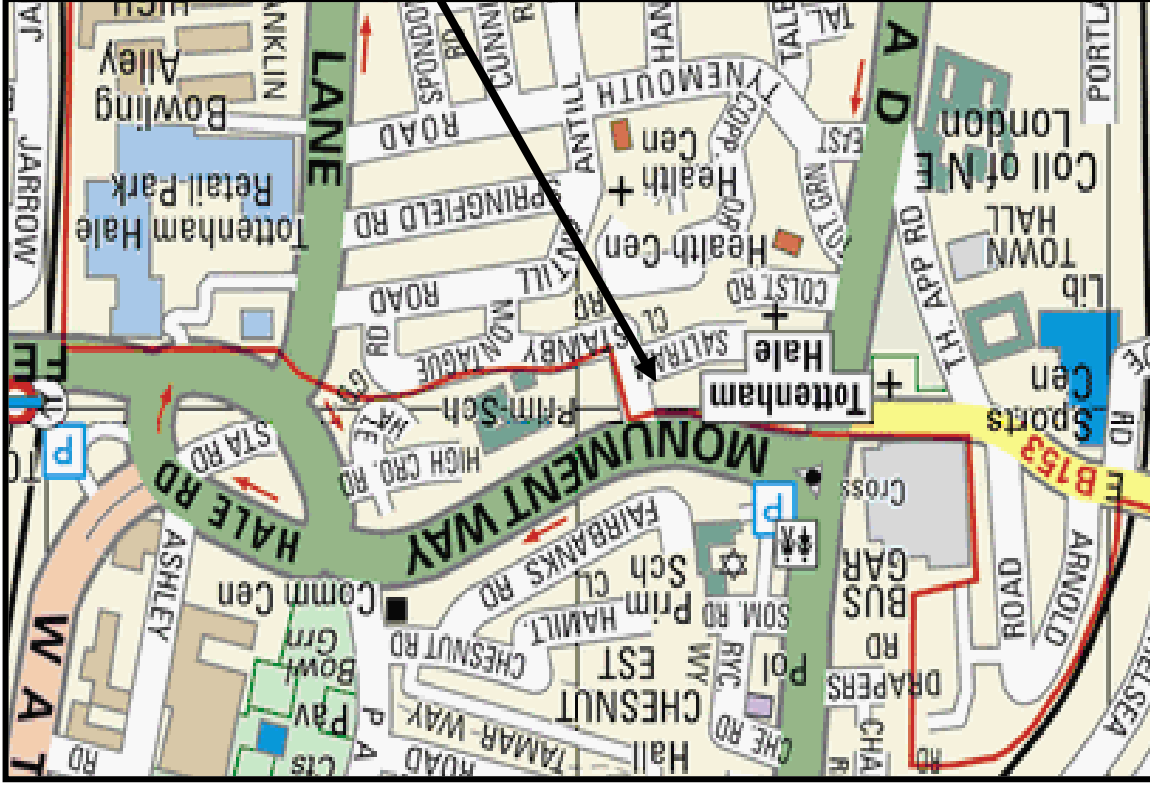
Welbourne Children's Centre Jan – Mar 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
A M	<p>Free For 2s Nursery 9:00 am –12:00pm Ask in centre for details.</p> <p>ESOL 3 9.30-11.30 am No crèche available Ask in centre for Details.</p> <p>North Middlesex Mid-wifery Clinic By appointment 9.30-4.00 </p>	<p>Free For 2s Nursery 9:00 am –12:00pm Ask in centre for details.</p> <p>Adult Craft Club! 9:30am-11:30am Children welcome. Play area provided. No Crèche available</p> <p>North Middlesex Mid-wifery Clinic By appointment 9.30-4.00 </p>	<p>Free For 2s Nursery 9:00 am –12:00pm Ask in centre for details.</p> <p>ESOL 3 9.30-11.30 am No crèche available Ask in centre for details.</p> 	<p>Free For 2s Nursery 9:00 am –12:00pm Ask in centre for details.</p> <p>Baby Massage / Yoga 10am –11.30 am Ask in centre for details</p> 	<p>Free For 2s Nursery 9:00 am –12:00pm Ask in centre for details.</p> <p>Ante/Postnatal Clinic Whittington Midwives By appointment only 9:00am-3:00pm </p> <p>Baby Group 10:00– 11:30am Non walkers only Limited spaces, come early to avoid Disappointment</p>
P M	<p>Stay and Play Drop-In 1:30pm - 3:30pm Accompanied play session for children under 5 Outdoor activities</p> <p>Breastfeeding Support 12:30pm—2:30pm</p> <p>Weighing Group with advice 2:00 –3:30pm 3rd Monday of the month (15th Jan ,12 Feb and 12 Mar 2018)</p> 	<p>Health Visiting Development Reviews 1:30-4.30pm By appointment only </p> <p>One to one sessions. If you would like advice or support ask for Melissa or Shirlana.</p>	<p>Stay and Play Drop-In 1:30pm - 3:30pm Accompanied play session for children under 5</p> <p>Parents Support Surgery 2.30pm - 3.30 pm drop in session with Melissa and Shirlana</p>	<p>Young Parents' Group Parents under the age of 24 with their young children 1.00pm-2.30pm</p> <p>Waddle to toddle 18 months – 2 years 1.30-2.30pm Getting ready for nursery . Ask in centre for details.</p>	<p>Activities and times are subject to change. Please call the centre for information.</p> <p>1A Stainby Road N15 4EA 020 8493 1197</p>
<p>Come along and access our free services for you and your child. If you would like some advice please talk to us and we will try to help!! See you soon!</p>					

E: childrencentre@welbourne.haringey.sch.uk



Activities & Events



We are here

Bus Routes:

41, 73, 76,
123, 149, 230, 279,
341, 349, 476, W4



Tottenham Hale



Welbourne
Children's Centre