

Welbourne Primary School Newsletter

www.welbourne.haringey.sch.uk

 @welbournepri

Dear Parents and Carers,

It has been great to see everyone after the Christmas Break. The children have settled back into the school routine well and we look forward to some exciting news and events in the term ahead.

I am pleased to share with you that building works to make some of our classroom spaces safe is scheduled to begin on Monday 5th February. From this date, fencing will be erected to show out of bounds areas. The works are projected to be completed for the start of the summer term and we thank you for your patience during this challenging time.

Has your child previously received a Rights Respecting certificate? If they have, this is because they have demonstrated outstanding behaviour that enables their peers to benefit from the rights that they deserve. At Welbourne, children are passionate about their rights and learn about them. Please spend some time talking with your child about their rights and the importance of them. By clicking [here](#) you can access a symbols poster of children's rights. In school, children have also been learning about the ABCDE of rights in assemblies. Please click [here](#) to find out more about them. On this page there is a great A4 handout to discuss with your child.

Finally, thank you to all of the parents that attended our most recent Parent Forum. It is always great to hear your voice and it would be great to see as many parents as possible at our next meeting on 20th February.

Mr R.Lane

Together we learn. Together we succeed



Food Hygiene Rating

On Thursday 18th January, we received an unexpected visit from a Food Safety Officer to inspect our kitchen and check how well our catering staff are meeting the law by looking at:

- How hygienically the food is handled – how it is prepared, cooked, re-heated, cooled and stored
- The condition of the structure of the buildings – the cleanliness, layout, lighting, ventilation and other facilities
- How the staff manage and record what they do to make sure food is safe

At the end of the inspection, our kitchen was given one of the six ratings. The top rating of '5' means that the organisation was found to have 'very good' hygiene standards. We are extremely happy to inform you that the inspector recognised the hard work of our catering team and awarded us with the top hygiene rating.



We have two themed lunch days coming very soon. On 8th February we will have a Chinese New Year inspired lunch and on 9th February children will have the option of pancakes for dessert.



Swimming

We are delighted to announce that our Y6 and Y5 children are able to access swimming lessons at Tottenham Green swimming pool again. The teaching pool has recently reopened after it was first closed in December 2022.

Haringey Council has said they hope to reopen the main pool by February half-term so hopefully families will be able to enjoy swimming together very soon.

Dates for your diary....

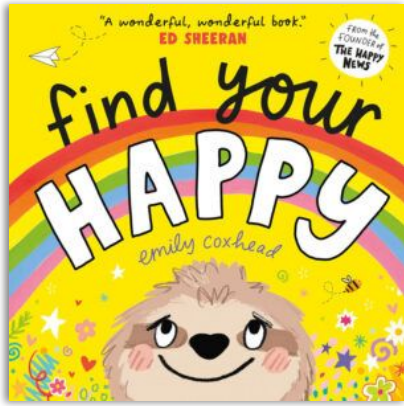
- Friday 2nd February @ 9:05am - Learning Cafes - Y6 Niagara
- Friday 2nd February - NSPCC Number Day
- Monday 5th February @ 9:05am - Learning Cafes - Y5
- Tuesday 6th February @ 9:05am - Learning Cafes - Y2 / Y4
- Wednesday 7th February @ 9:05am - Learning Cafes - Y3 / Nursery (times TBC)
- Thursday 8th February @ 9:05am - Learning Cafes - Reception
- Thursday 8th February @ 9:00am - Y6 SATs Meeting / Y6 Mississippi & Hudson - Learning Cafe at 9:30am
- Friday 9th February @ 9:05am - Learning Cafe - Tweed Class
- Friday 9th February @ 9:30am - Learning Cafe - Trent Class after their assembly (9:30am)
- Monday 12th-Friday 16th February - Half Term
- Friday 29th March - Friday 12th April - Easter Holiday
- Tuesday 2nd April - Friday 5th April - Y6 Easter School
- Friday 24th May - INSET Day



Book Recommendation

Find Your Happy is a bright, welcoming book that is bound to get children talking about emotions. Despite being called 'find your happy', the book recognises that it is sometimes hard to feel happy all of the time and that every day can be different. It gives honest advice and easy ways to cheer yourself up that do not involve the more common methods that can sometimes be suggested (for example playing on electronics and playing games).

A variety of emotions are mentioned in this book, including anger, worry and shyness. Each emotion comes with small tips and tricks that any individual child could easily use in real life to help make themselves feel better and to also help them to embrace the emotion. In particular, the page about feeling sad and the encouragement given to talk to someone trusted is a particularly important one that could strike up many conversations and support children's emotional literacy.



Class Assemblies

We absolutely love having you in school to watch our class assemblies. Below you will see dates for the Spring 1 class assemblies. These have also been added to the school calendar.

Assemblies start at 9:15am:

Spring 1 Assemblies:

02/02/24 - Y4 Ganges Class

09/02/24 - Y1 Trent Class

Spring 2 Assemblies:

23/02/24 - Y6 Niagara Class

01/03/24 - Y5 Amazon Class

08/03/24 - Y6 Mississippi Class

15/03/24 - Y4 Indus Class

22/03/24 - Y6 Hudson Class

We hope you can join us!



Educational Visits

Y2 enjoyed a visit to the Bank of England Museum to learn even more about money as part of their maths curriculum. They also visited the Monument to the Great Fire of London.

Y6 visited Arnos Grove Gurdwara to enhance their RE learning about Hinduism and Sikhism.



Y4 visited Bruce Castle and took part in a Roman 'Remains and Craft' investigation to deepen their learning about Roman History



Wellbeing Corner

Information from [Youngminds.org.uk](https://www.youngminds.org.uk)

Parenting is an incredibly rewarding and challenging experience.

At times, it can feel like a real roller coaster of emotions – particularly if your child or young person is behaving in ways that feel difficult to manage or understand.

If your child's behaviour is challenging at the moment, it might feel exhausting. But things can change. With support, both of you can experience a more positive family life.

Follow this [link](#) to the Young Minds website where they share lots of ideas and strategies to help you deal with difficult moments.



Behaviour

Congratulations to **Seine Class** who had the most days where all children in the class were successfully recognised for their excellent choices during the last half-term. Their reward was to have a tea party with Mr Lane.



Well done to all the children who took home positive notes, received certificates, received stickers and raffle tickets - we are proud of you all!

Safer Internet Day



Next month, we will be celebrating Safer Internet Day 2024. Using the internet safely and respectfully is a key message that we regularly promote in school and celebrating Safer Internet Day is a great opportunity for us to re-emphasise our e-safety messages.

Here are some useful sites for information:

- [Thinkuknow](#)
- [Kidsonline](#)
- [Parent Zone](#)
- [UK Safer Internet Centre](#)

Free consultations with an Educational Psychologist

Are you worried about your child's development, learning, emotional well-being or behaviour?

Then book a free 40 minute session with an educational psychologist from Haringey Educational Psychology Service. We can talk through your concerns with you, help you make a plan of action and signpost you to sources of help and support.



Educational psychologists (EPs) are qualified specialists who offer support and advice to schools, early years settings, voluntary groups, parents, carers, children and young people on a range of issues. This includes supporting children with disabilities, learning difficulties or social, emotional and mental health difficulties.

For more information on EPs: <https://www.haringey.gov.uk/children-and-families/local-offer/5-15-year-olds/educational-psychology-service>



Where: Markfield community Centre, in Markfield Park, Markfield Road, London, N15 4RB (consultations are also available by telephone)

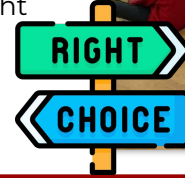
When: Appointment slots are available once a month

If you want to book a consultation with an EP or you want more information, please send an email with your name and telephone number to familyadmin@markfield.org.uk stating if you prefer an in-person meeting or a telephone consultation.



Y6 Police Visit

Our Year 6 pupils had a visit from PC Graham Bell from Safer Neighbourhoods this week. He spoke to our older children about choosing the right path as they grow older and more independent.



Football News from Mr Muller

On the 26th January, our year 5 & 6 girls team and our year 3 & 4 boys team competed in the Haringey league once again. Both teams were fantastic and really encapsulated what it means to represent the school competitively. Our boys team did very well winning three of their four matches while the girls were outstanding winning three matches and drawing one to finish the evening unbeaten! Both myself and the children left the pitch very proud of what we had achieved. The next league fixtures will be for the year 5 & 6 boys team on 2nd February 2024. If you wish to come and cheer the team on, please feel free to join us at the **Markfield Park Astro Turf, Crowland Road, London N15 6US** from 4pm onwards.

I hope to see you there!

Mr Muller



Word Millionaires

Over 1 million

Cormac (Y6) & Gabriela (Y5)

Over 4 million

Noah (Y6)

Well done to these children who have read over 1 million words! A fantastic achievement. Keep reading!



Climate Workshops

Our Year 6 children are lucky enough to be taking part in Climate Workshops delivered by three different volunteers from Climate Ed. They will receive three different sessions where they will learn about climate change in depth, carbon literacy, CO2 reduction and how they can begin taking actions on it.



Children's Rights 'Caring for our School' Competition

This month one of our focus Rights was Article 24 which states that - children have the right to the best health care possible, clean water to drink, healthy food and a clean and safe environment. Our school councillors have listened to their peers and decided that we need to improve the way pupils use our toilets. As a result, they are running a competition and asking children to create posters encouraging all children to improve their personal hygiene and respect for the toilets they all share.

What they are looking for:

A poster with a fun and clear design to ask everyone to take better care of our toilets. The closing date is: Thursday, 8th February.

The prize for the winning poster is a family skate experience in the Lee Valley Ice Centre!



Attendance & Punctuality

Unfortunately, attendance has been much lower this month. While some children have been absent due to illness, please speak to us if there is another reason your child is absent from school. We will strive to support your child's attendance.

| Class | Lates | Attendance |
|------------------|-------|------------|
| YR - Thames | 6 | 78.10% |
| YR - Tyburn | 34 | 92.07% |
| Y1 - Trent | 18 | 89.74% |
| Y1 - Tweed | 3 | 91.95% |
| Y2 - Seine | 20 | 93.12% |
| Y2 - Tagus | 20 | 95.21% |
| Y3 - Nile | 18 | 94.92% |
| Y3 - Zambezi | 5 | 96.51% |
| Y4 - Ganges | 21 | 92.76% |
| Y4 - Indus | 20 | 91.05% |
| Y5 - Amazon | 18 | 93.53% |
| Y5 - Orinoco | 16 | 90.28% |
| Y6 - Hudson | 16 | 95.03% |
| Y6 - Mississippi | 6 | 92.71% |
| Y6 - Niagara | 6 | 91.48% |

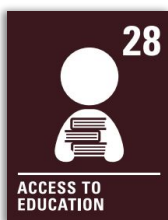
Star Attendance of the Month:

Zambezi

Our Total Attendance of the

Month: **91.92%**

Our Total Attendance Target: **96%**



Holiday Fun

Activities for children and young people!

Download the booklet (just click on the image) to find out more about activities taking place in Haringey during the February half term, including sports, arts and crafts, and drama workshops.



How we keep our minds fit, by keeping our bodies fit!

The Welbourne Team know the importance of staying physically active. We know exercise:

- Improves brain function
- Improves sleep
- Reduced levels of anxiety and stress
- Strengthens bones and muscles
- Increases flexibility
- Prevents disease.

Each month we will be showcasing some of the different activities we do to keep fit...



Ms Ejiogu enjoys weightlifting!



Reminder

Please ensure we have your most up to date contact details in case of an emergency. Please update these details at the school office or by email:

admin@welbourne.haringey.sch.uk



Autistic well-being: how to understand and support good emotional regulation

Wednesday, 7 February 2024 from 10.00am to 12.00pm

Autism Hub, Chad Gordon Campus, 20B Waltheof Gardens, Tottenham, N17 7HS



Join the Haringey Language and Autism Support Team for a free session on useful strategies to promote Autistic joy and well-being to support emotional regulation.

- Gain valuable insights from families and practitioners.
- Space to share your own experiences and insight with others.
- Engage in meaningful discussions and learn about effective strategies.
- Connect with a supportive community and find guidance for your unique journey.

To register, use the QR code below or visit: <https://shorturl.at/giNOT>



If you have any questions, email last@haringey.gov.uk



Children's Writing Corner

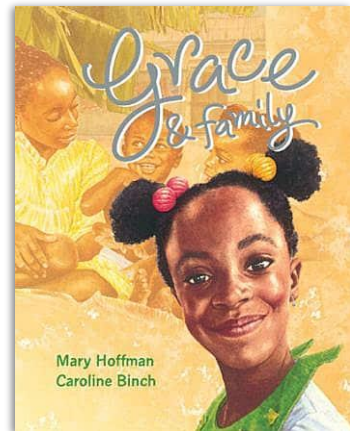
Each month we publish some children's writing in the newsletter. This month, we publish writing by our wonderful Year 2 children inspired by their class text 'Grace and Family' and their work on Florence Nihtinaale in History.

Friday 12th January 2024
WALT: Write a diary entry.

Dear Diary,
My family is not like everyone else's family because I don't have a father. My mum told me that I do have a father but he lives in Africa. Today I felt upset about this because this seems like it is so far away. My lovely, wise nana hugged me and told me that family is what you make it.

Diary entry by Alayna-Marie

After a wonderful, busy day at school, I came home to shock in unexpected news. My father sent 2 tickets for me to come and visit him in the Gambia. I felt so confused because I only remember him from old, blurry photos.



WALT: Write a diary entry.

Dear Diary

One day I felt like I don't have a proper family because I don't have a Dad and Dog. I talked to my Granma and she made me better. Next day I received two tickets to Africa to see my Dad. I made up so many days I forgot who was my Dad!

Then I decided to go to see my Dad. It took hours and hours to get to the airport and then I finally got there.

I took 4mins and hours waiting in the plane until I got there. I couldn't wait to see who was my Dad.

Then I finally got there. I pressed the doorbell but nobody answered! We called them.

Diary entry by David

Dear Diary,
This morning before school
I told my ^{beautiful old} Nana ^{relax} about are family
it is not right. I felt ^{pitiful} Nana said do
be sad are family's big.
After school I saw a letter on the
table with a ^{dark green} crocodile stamp on it
I was going to visit my dad I felt ^{very} ecstatic

At the airport I noticed there was a red
creature next to me. Nana squeezed my
hand and I felt better.
I was confused about my dad. He ^{held} me
to Gambia.

At the airport I saw my dad waiting
for me. I was so joyful my dad
held me up he was strong and
tall.



Diary entry by Afifa

Dear Parents
I went to the
Crimean War. I was
helping soldiers in the
Crimean War then
we cleaned the floors
and cooked good
food. We put bed
sheets on the
beds. At night I worked
with the lamp.
Some soldiers was
better in the hospital
there soldier was
batter.
From Florence.



Mr and Mrs Nightingale
Lea Hurst Estate
Derbyshire
England

Letter by Angela

16/1/24
WALT: Explore the changes to hospital care in Victorian times.
Mr and Mrs Nightingale
Lea Hurst Estate
Derbyshire
England



Dear Mum and Dad,
I hope this letter finds you well.
I wanted to tell you something
it was a challenging but rewarding
experience, it was Scutari.
When I arrived the I had
to clean the floors and
and put bed sheets for
the soldiers bed. They
put clean bandages,
we fed the soldiers.
I also made sure that the soldiers
had enough food and water.
It was important to keep their
strength up so they could recover
from their injuries. I was known
as the lady with the lamp.
I carried the lamp at night so I could
check on the soldiers.

Letter by Amina



We worked tirelessly to clean
the hospital and make sure
it was safe and healthy
environment for the soldiers.
We scrubbed the floors, washed
the bedding and aired the room.
It was hard working but
we knew it was important.
I need to go. Love from Florence.