

Nursery Summer 1 Home Learning Activities to Support your Child's Learning Topic: Food



When you visit local shops, choose a type of food e.g. fruit, vegetables or bread to focus on. Look at these with your child, taking time to talk about what they look like such as colour, shape, texture and see if your child knows the names of these items.



Make a shopping list with your child. Encourage them to draw pictures for the items and then model writing the words to go with this, drawing their attention to the letters and words.



Make a fruit smoothie or fruit kebab. Encourage your child to make choices about the different fruits to include.



Click on the link to listen to the story Handa's Surprise

https://www.youtube.com/watch?v=XyIV_xYi0as
After reading the story, can your child name the fruit
they learnt about in the story?

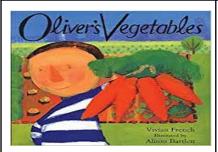


Take some photos and tell us about different foods from your cultural heritage or food that you like to cook from around the world for your family. Share the pictures with the teachers and other children on Tapestry.





Find a simple child friendly recipe to make with your child. Talk with them about the ingredients needed. Encourage your child to measure these, talking about weighing, quantity and the differences between before and after cooking.



Join in with the story, music and movement session about the book Oliver's Vegetables.

https://www.youtube.com/watch?v=ObhmjNKW_xg

Encourage your child to try and remember the vegetables mentioned in the story.



Watch and listen to this book and find out where food comes from.

https://www.youtube.com/watch?v=SbZSyQn_vo



Listen to and join in with the compilation of songs all about food.

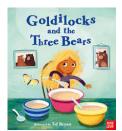
https://www.youtube.com/watch?v=vxg5TRCIOWA



Listen to the story Monsters Don't Eat Broccoli. https://www.youtube.com/watch?v=o8Pli87ru6k

Support your child to retell the story and discuss what happened at the beginning, middle and end of the story.

What was your child's favourite part of the story? Can your child state why it was their favourite part of the story?



Click on the link to listen to the story Goldilocks and the Three Bears

https://www.youtube.com/watch?v=Oaw-d3r_glc

Can your child draw the characters from the story? Which was your child's favourite character and why? Try to make some porridge together.